

Welcome to the MDOT Adopt-A-Highway program!

These guidelines were developed with your safety in mind. Please follow them at all times!

Volunteers Must:

- Display safety signs before working and move when finished.
- Wear ANSI safety vests at all times.
- Do face oncoming traffic when on foot.
- Stay clear of construction projects, mowing operations and maintenance projects.
- Work only during daylight hours.
- Have at least (1) adult supervisor for every (8) participants ages 12 to 15.
- Watch footing when walking on slopes and be cautious of holes and obstacles.
- Not throw debris onto roadways
- Stay off pavement surfaces during pick-up.
- Have a first aid kit available at all times.



DO:

- Wear light colored clothing, long sleeves, a hat, protective work shoes or boots and heavy gloves. Be sure to use sunscreen.
- Face oncoming traffic and look up often to monitor approaching vehicles.
- Be alert for snakes, insects, ticks and poison ivy/oak and other noxious weeds.
- Drink water to prevent dehydration.
- Carpool to work sites to reduce the number of vehicles on roadsides.
- Park all vehicles off roadways and shoulders at least 5 ft. beyond shoulder.
- Unload work crews on roadsides rather than shoulders or highways.

DON'T:

- Use or possess illegal drugs or alcohol before or while working on roadsides.
- Work on roadways, shoulders or bridges.
- Work during bad weather, extreme temperatures or peak travel times.
- Participate in activities or horseplay that might distract drivers.
- Over exert yourself.
- Pick-up, remove or touch hazardous substances like syringes.
- Over stuff litter bags. Remember to tie bag tops and place them, when possible, under your AAH sign.

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<http://gomdot.com/home/thinkgreen>

